Federated States of Micronesia (Kosrae) Middle School Global Youth Tobacco Survey (GYTS)



FACT SHEET

The Federated States of Micronesia (Kosrae) Middle School GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability; environmental tobacco smoke exposure (ETS); cessation; media and advertising; and school curriculum. These determinants are the components Federated States of Micronesia could include in a comprehensive tobacco control program.

The Federated States of Micronesia GYTS was a school-based

survey of middle and high school students conducted separately in Chuuk, Kosrae, and Pohnpei in 2001. All 7 middle schools in Kosrae were included in the middle school study and all students in grades 6-8 in each school were eligible to participate. The school response rate was 100.0%, the student response rate was 94.0%, and the overall response rate was 94.0%. A total of 606 students participated in the Federated States of Micronesia (Kosrae) Middle School GYTS.

Prevalence

- 45.4% of students had ever smoked cigarettes
- 41.2% currently use any tobacco product
- 23.3% currently smoke cigarettes
- 30.8% currently use smokeless tobacco products
- 33.1% of current smokers feel they need a cigarette every day

Knowledge and Attitudes

- 61.5% think people can get addicted to tobacco use
- 57.2% think young people who smoke have more friends
- 22.4% think smoking cigarettes makes young people look cool or fit in
- 70.1% think smoke from others is harmful to them

Access and Availability – Current Smokers

- 63.3% buy cigarettes in a store
- 54.9% who bought cigarettes in a store were NOT refused purchase because of their age
- 50.5% had not been refused purchase of cigarettes in a store because of their age

Environmental Tobacco Smoke

- 41.7% were in the same room with someone smoking in the past 7 days
- 41.4% rode in a car with someone who was smoking in the past 7 days
- 45.8% live with someone who smokes
- 45.1% have one or more friends who smoke

Cessation – Current Smokers

- 88.8% want to stop smoking
- 74.7% tried to stop smoking during the past year
- 65.8% ever participated in a program to help them quit smoking

Media and Advertising

- 44.9% saw or heard anti-smoking media messages in the past 30 days
- 88.8% saw pro-tobacco media messages in the past 30 days
- 32.0% have an object with a cigarette brand logo
- 36.8% would wear something with a tobacco company name or logo on it

School

51.6% had been taught ways to say "no" to tobacco in class during the past year

Highlights

- Cigarette smoking is high; almost 1 in 3 currently use smokeless tobacco products.
- 1 in 3 current smokers are "dependent" on cigarettes.
- Almost 9 in 10 smokers want to stop.
- · ETS exposure is high
- 9 in 10 saw pro-tobacco media messages; only 4 in 10 saw antismoking media messages in the past 30 days.
- Only half taught ways to say "no" to tobacco in school the past year.

Recommendations

- A youth cessation program is needed.
- Effective tobacco use prevention curricula need to be accessible to more students.

Actions

<country add if applicable>